



WESTERN MONGOLIA FAT BIKING EXPEDITION

Trip Brochure



AT A GLANCE

DATES

JULY 19TH, 2026
AUGUST 2ND, 2026

DURATION

14 DAYS

DIFFICULTY

INTERMEDIATE

PRICE

FROM \$5,995.00

ACCOMMODATION

CAMPING

GROUP SIZE

10 TRAVELERS

OVERVIEW

Tucked between the Altai Mountains and the endless steppe, Western Mongolia is one of the wildest, most remote corners of Asia. It's a land shaped by wind, weather, and tradition—home to golden eagles, snow-capped peaks, and nomadic herders who still live much as they have for centuries. This is not the Mongolia of tour buses and tourist camps—this is the real deal. Vast, rugged, and barely touched by modern life, it's a place where adventure and authenticity go hand in hand.

This 14-day expedition takes you deep into the heart of the Altai on fat bikes, traveling through high mountain passes, alpine lakes, and remote valleys rarely visited by outsiders. You'll ride along ancient trade routes, camp under star-filled skies, and meet local Kazakh families who still hunt with eagles. Each day brings a new challenge and a new stretch of unspoiled terrain to explore. It's a human-powered journey through one of the last truly wild places on Earth.

This trip is for people who crave raw adventure and don't mind getting dusty, tired, and totally off-grid. If you're into biking, wild landscapes, and immersive cultural experiences—and you're comfortable trading luxury for something far more meaningful—you'll be right at home on this ride through Mongolia's untamed west.



WHAT'S UNIQUE ABOUT THIS EXPEDITION

RIDE THROUGH MONGOLIA'S WILDEST LANDSCAPES

Pedal across vast alpine valleys, wind-swept passes, and high-mountain steppe where few travelers have ever set foot. This expedition takes you deep into the Altai-Mongolia's most remote and dramatic region.

NOMADIC CULTURE AND EAGLE HUNTERS

Meet Kazakh herders who still live nomadically and practice the ancient art of hunting with golden eagles. Stay in a traditional ger camp and experience a way of life that's remained unchanged for centuries.

FULLY-SUPPORTED FAT BIKING EXPEDITION

Ride light and free while a mobile support team handles the logistics. Your gear travels in 4x4s, a cook prepares fresh meals, and a guide leads the way—leaving you to focus on the ride and the views.

EPIC, OFF-THE-GRID ADVENTURE

Disconnect completely and immerse yourself in one of the world's last true wildernesses. No signal, no crowds, no distractions—just pure, raw adventure under endless skies.



PRICING

2026 DEPARTURES

EXPEDITION PRICE
PER PERSON

\$5,995.00 USD

WHAT'S INCLUDED

- Pick-up and drop-off from Ulan Bator International Airport.
- Three nights hotel at Hotel Nine (3* hotel) or similar.
- Welcome dinner on arrival and departure days.
- Internal return flights from Ulan Bator to Olgii.
- 2 western guides (Nacho and Kirsten).
- Local English speaking guide/translator, cooks, camp assistant, drivers.
- 4x4 vans.
- All camping equipment and private ger stays.
- Fatbike and helmet.
- Bike maintenance, tools and spare parts.
- All meals in Western Mongolia.
- A generator to charge electrical items.

WHAT'S NOT INCLUDED

- International Airfares.
- Evacuation coverage and travel insurance.
- Personal items.
- Visa.
- Tips to staff and crew.
- Overweight luggage fees.
- Alcoholic beverages.

ITINERARY

DAY 1 - ARRIVAL IN MONGOLIA

Arrival in Ulan Bator.

Most of you will be traveling across several time zones to get to Ulan Bator. We would strongly recommend arriving a couple of days early giving your body time to recuperate after the long journey and also to be able to see some of the sites the city has to offer.

Meet and greet at Ulan Bator international airport. Transport to hotel. Briefing and dinner.

DAY 2 - FLIGHT TO ULGII + DRIVE TO TAVAN BOGD NATIONAL PARK

Flight to Ulgii. Trip to local supermarket. Drive to Tavan Bogd National Park (5-6 hours).

DAY 3 - KHURGAN LAKE

Khurgan Lake, petroglyphs, camp on white sand beach on Lake Khoton.

26km Fatbike - 5 hours

DAY 4 - UP KHOTON LAKE

Follow track up north-east side of Khoton Lake. Sleep in Gers next to Auez, race horse trainer.

25 kms Fatbike - 5 hours

DAY 5 - GREEN LAKE HIKE

Furgon to Bear Valley, follow the Tsagaan Gol River to Green Lake. Sleep in Gers.

15 km Hike - 6 hours | 1 hr furgon

DAY 6 - DOWN KHOTON LAKE

Follow Mashina Khabakh road through conifer forests and multiple stream crossings.

25 km Fatbike - 5 hours

DAY 7 - KHOTON LAKE

Bike across glacial moraine, conifer forests and pastureland. Camp next to small mountain lake.

25 km Fatbike - 5 hours

DAY 8 - LAKE KHURGAN

Wide open steppes and glacial moraine on a well defined piste. Camp next to a river.

30 km Fatbike - 7 hours

DAY 9 - LAKE DAYAN + GER (NEXT TO EAGLE HUNTER)

Huge expanses of flat, open pastureland followed by rocky, winding piste to Shokhan's summer camp. Sleep in Gers.

20 km Fatbike - 6 hours

DAY 10 - LAKE DAYAN + GER (NEXT TO EAGLE HUNTER)

Day with Shokhan and his family. Bike to eagle hunting spot overlooking Lake Dayan. Sleep in Gers.

DAY 11 - HIKE UP BALAPAN VALLEY

Sleep in Gers.

DAY 12 - DRIVE BACK TO OLGII

6 Hour drive back to Olgii.

DAY 13 - FLIGHT OLGII TO ULAN BATOR

Transfer to airport and flight to Ulan Bator.

DAY 14 - FLIGHT HOME

The expedition concludes in Ulan Bator today.

IMPORTANT NOTE

The following itinerary should be seen as an approximate guide only. Please note that weather, logistics and unforeseen delays can cause alterations to our itinerary.

FAT BIKING

This is a **moderate cycling trip** in terms of physical effort and is 100% off-road. If you are a reasonably fit and confident cyclist who loves the outdoors and camping, this trip is for you.

We will be covering between 25kms and 45kms per day with typically around 6 hours riding including stops for lunch. The terrain is variable, but for the most part we will be following hard-pack dirt roads or animal tracks.

There are times that there are no visible tracks at all, biking across un-trodden steppe. Other days involve rocky descents where the fat-bikes really show their value, rolling over what would be intimidating rocks with total abandon.

The support vans will be following us most of the time, so if you are feeling weary or don't feel like riding at any point, the van will be there to take you.

For the most part, the terrain can be described as undulating except when our route goes through the more mountainous areas where our path follow rivers upstream and we cross up and over into the neighbouring watershed. Depending on the amount of rain, we may or may not be crossing several streams and wet areas on several days.

If you are one of those people who don't think they've done a decent days exercise if they haven't done at least 60k, there are usually options to extend the day's ride with one of our guides.



ACCOMMODATION



While in Ulan Bator we will stay in the Ulan Bator Hotel or similar. In Olgiy we will be staying in the new Maksum Hotel.

During the trip, we will be “luxury” wild camping. If you are a couple, you will be sleeping in spacious tents on cots. They are roomy enough to stand up in. If you are traveling by yourself, you will sleep in a 3-person North Face EV 25 basecamp tent with your own cot. Everyone will have a very comfortable rolling, insulated, inflatable mattress.

Our camp is comprised of a cooks tent, a dining tent with tables and fold up chairs and of course a strategically located latrine tent. The latrine is an upright tent and we use a simple method of a freshly dug hole in the ground with a toilet and seat. Hot water will be available every day for showers (hand shower), which can be taken in one of two specifically dedicated upright tents.

For the 3rd and 4th day and last two days at the end of the trip, we will stay in the typical Kazakh ger, which is slightly bigger than the Mongolian ger. They are very spacious with enough room to walk around, with raised beds and conventional mattresses. These gers are shared between 3 to 4 people.

MEET YOUR GUIDES

Bringing an expedition like this to life takes a world-class team. That's why we've partnered with Nacho and Kirsten—who've been running bike tours in Western Mongolia for over a decade—to make this journey possible.

Nacho is trained as an instructor at the School of Mountaineering in Benasque, Spain. Later he worked as an instructor for the Cantabrian School of Mountaineering and subsequently as an instructor in wilderness survival techniques. He has done mountaineering expeditions as a guide with clients and friends to the Alps, Pyrenees, Andes, Central Asia, Africa, Patagonia and the Rockies. Biking has always been a passion for him and when we went to western Mongolia for the first time 11 years ago, we decided with no uncertainty that the best way to see the countryside was on a Fatbike.

Kirsten has been a professional photographer/film maker for over 20 years, having worked on three continents for Frommers Travel Guides and organized photography and film workshops in Uganda, Spain, Morocco and Cuba. She speaks Spanish, French and English fluently. Outdoor adventure sports and especially biking has been a constant in her life.



THINGS TO KNOW

DO I NEED PRIOR CYCLING EXPERIENCE?

Some previous cycling experience is needed. You should be comfortable riding 15-30 miles (25-45 kms) per day, which is typically around 6 hours riding including stops for lunch

HOW FIT DO I NEED TO BE?

This is a moderate cycling trip in terms of physical effort and is 100% off-road. If you are a reasonably fit and confident cyclist who loves the outdoors and camping, this trip is for you.

WHAT KIND OF FAT BIKES WILL I USE?

We will be using the extremely reliable and comfortable Trek Farley 5 fat-bikes on our trip.

CAN I BRING MY OWN BIKE?

You are welcome to bring your own bike, but you need to organize the logistics of it. There's limited space available in the flight from Ulan Bator to Olgii.

FOOD

Food in Mongolia reflects its history and geography. Mongolians have always eaten to stay alive. The nomads in Western Mongolia migrate 4 times a year with their herds of sheep, goats, yaks, cows, horses and camels. They can put up and take down their Gers within a couple of hours. This continual movement does not leave time to grow fruits or vegetables, so the diet is basically limited to fresh meat, milk, and anything they can make from milk such as yogurt, cheese and curd. The harshness of the environment doesn't allow anything to grow naturally in abundance, so the nomad's diet is fairly limited to say the least. A staple of the diet is Buuz, which are steam heated, meat filled dumplings. A vegetarian version of these can also be made.

Thanks to comparatively well-stocked supermarkets in Olgii, we are able to bring a healthy supply of salads and vegetables, fruit, bread, sausage, pasta, pancakes and other foods, which the nomad population does not eat.

We are also blessed with a cook who seems to be able to produce wonders out of nothing and is accustomed to catering to Westerner's palates.

Breakfast: coffee, tea, hot chocolate, cereal, yogurt, eggs, fried sausage, porridge with raisins and dried fruit, pancakes, toast, butter and jam, apples and oranges, watermelon, apple and orange juice.

Lunch and dinner: soup and salad, rice, pasta, potato salad, beef, lamb, chicken, huushuur (empanadas), Mongolian koftas and fruit. We can sometimes get fish straight from the lake.

We can also accommodate vegetarians and within reason, special diets. We are however limited to what we can carry with us and what we can purchase in the supermarket before we leave, so please keep this in mind.

We will carry a limited amount of beer and vodka to share with our hosts when we stay with families along our route. There is a fairly good choice of beverages and food at the supermarket in Olgii including dried fruits, chocolate and biscuits. If there is something that you absolutely cannot live without, please bring it with you.

TRAVEL INSURANCE

We require that everyone purchase health insurance that covers emergency evacuation and repatriation. Olgii does have a hospital with around 100 doctors and they can take care of minor things such as broken legs, but if something serious happens, you will need to get back to the hospital in Ulan Bator.

DELAYS OR PROBLEMS

In case of any last minute delays or complications, please contact your guide on the number noted on your final itinerary. Otherwise, contact Round Square Adventures at info@roundsquareadventures.com.

NEXT STEPS

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